

## ADMA/SDMA

Test ID: 94153

CPT: 82542

### Clinical Significance

ADMA/SDMA - ADMA and SDMA may be measured in individuals with multiple risk factors for the development of cardiovascular disease.



### Test Details

#### Components:

**Methodology:** Liquid Chromatography/Tandem Mass Spectrometry (LC/MS/MS)

### Reference Range

ADMA (Asymmetric dimethylarginine) <100 ng/mL  
SDMA (Symmetric dimethylarginine) 73-135 ng/mL

### Container

Transport tube

### Transport Temperature

Refrigerated (cold packs)

### Specimen(s)

Serum

**Minimum  
Volume** 0.5 mL

### Specimen Stability

Room temperature: 24 hours  
Refrigerated: 7 days Frozen:  
193 days

### Reject Criteria

Hemolysis

### Days Performed

### Collection Instructions

1. Collect and label sample according to standard protocols.
2. Gently invert tube 5 times immediately after draw. DO NOT SHAKE.
3. Allow blood to clot for 30 minutes.
4. Centrifuge for 10 minutes.
5. Store and transport refrigerated.

### Patient Preparation

Fasting is recommended but not required

\*The CPT codes provided are based on AMA guidance and are for informational purposes only. CPT coding is the sole responsibility of the billing party. Please direct any questions regarding coding to the payer being billed.